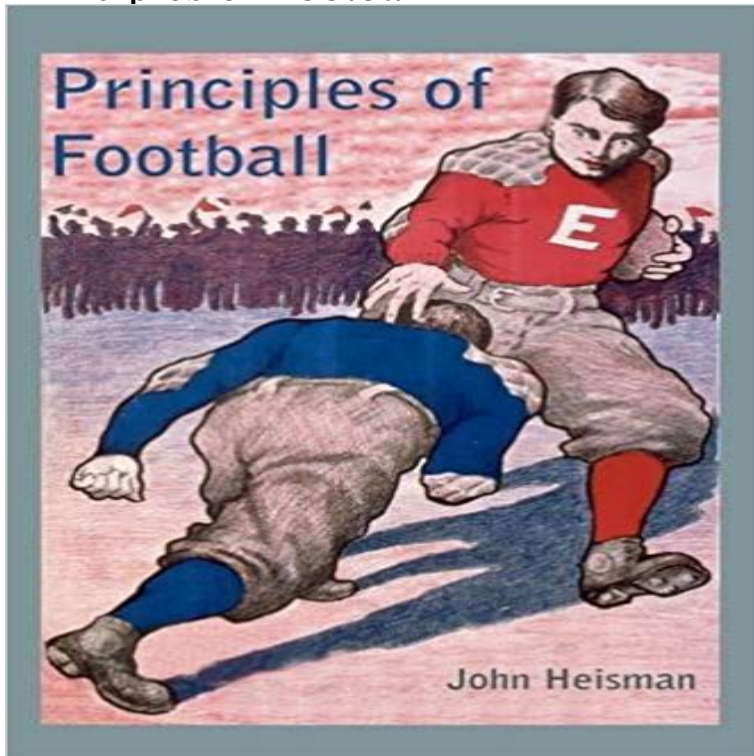


Principles of Football



2009 reprint of 1921 First edition. John William Heisman (1869-1936) was a prominent American football player and college football coach in the early era of the sport and is the namesake of the Heisman Trophy awarded annually to the seasons best college football player. He was an innovator and theoretician of the sport. He was a proponent of the legalization of the forward pass in 1906 and he originated the hike or hep shouted by the quarterback to start each play. He suggested that the game be divided into quarters instead of halves. Heisman subsequently became the athletics director of the former Downtown Athletic Club in Manhattan, New York. In 1935 the club began awarding a Downtown Athletic Club trophy for the best football player east of the Mississippi River. On December 10, 1936, just two months after Heismans death on October 3, the trophy was renamed the Heisman Memorial Trophy, and is now given to the player voted as the seasons best nationwide collegiate player. Principles of Football is Heismans theoretical contribution to the sport, and remains a classic text in the field.

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