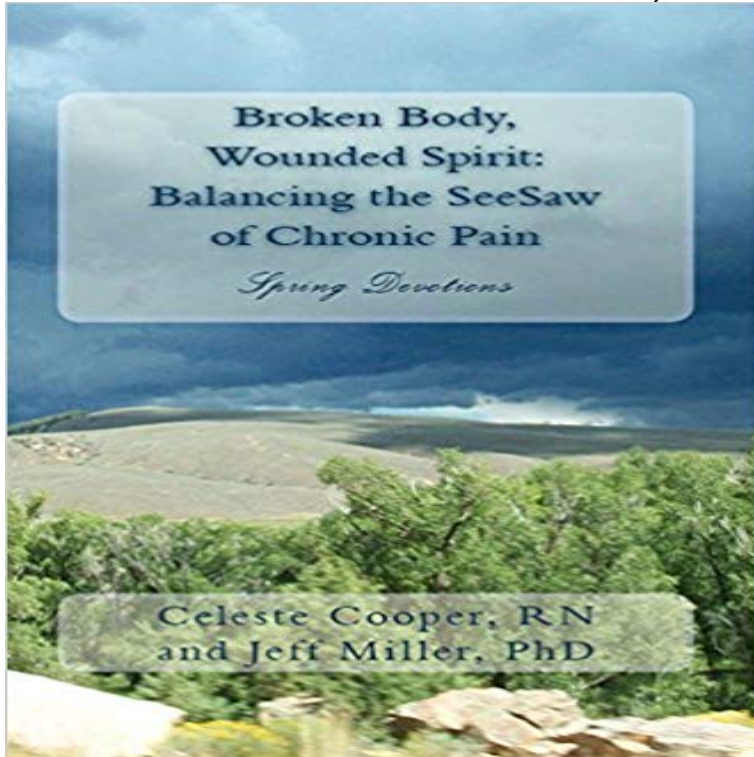


Spring Devotions (Broken Body, Wounded Spirit: Balancing the See-Saw of Chronic Pain Book 4)



Chronic pain and illness forces a person to their knees. It leaves us grasping for the lifeboat, but each time our hand reaches out the boat gets a little further away. It has the potential to torment a person until they lose sight of their dignity and self-respect.

Spring Devotions is the fourth and final book of the Broken Body, Wounded Spirit series. It is a book of tips and strategies for rebuilding life, finding balance, rediscovering passion, overcoming fear and isolation, and standing toe to toe with chronic pain and illness. It is priceless to anyone seeking to renew his or her inner strength. Sharing their medical expertise, and Celeste as patient and advocate, the authors add a flavor of ancient traditions of healing to traditional thoughts, as they nudge their readers into realizing their own potential. This is your lifeboat, reach out and grab it, climb in and hold on tight for a wild ride. You will explore things you never thought possible.

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